

# **SYLLABUS**

**Sridev Suman Uttrakhand State  
University Badshahithaul,  
Tehri (Garhwal)**

**B.A. PSYCHOLOGY  
03 Years Semester System  
(Effective from Academic Session: 2018-2019)**

## Department of Psychology

- 1- The course work shall be decided into six semesters with two papers in each semester.
- 2- Each paper in a semester will be of 75 marks out of which 60 marks for theory and 15 marks are allotted for internal assessment (written test or assignment or both).
- 3- Each theory paper consists of Section 'A' with maximum 15 marks (total 8 questions out of which any 5 questions have to be attempted with short answers,  $3 \times 5 = 15$ ).
- 4- Section B with maximum 45 marks (total 6 questions out of which any 3 have to be attempted with long answers,  $15 \times 3 = 45$ )
- 5- Question paper shall cover the whole syllabus.
- 6- Practical exam in each semester will be of maximum 50 marks, out of which 12 marks are assigned for internal assessment (attendance, practical records ect.; 38 marks for practical examination & 12 marks for Internal Assessment).
- 7- Practical examination will be evaluated by both external and internal examiner.
- 8- The duration of theory and practical examination will be of 03 hours each.

# SEMESTER WISE SYLLABUS

## Subject Psychology

### (Under Graduate Course)

#### B.A. First Semester

Paper 1:	Introduction to Psychology	Max. marks 60
Paper 2:	Experimental Methods	Max. marks 60
Practical Examination		Max. marks 50

#### B.A. Second Semester

Paper 1:	Basic Psychological Processes.	Max marks 60
Paper 2:	Statistical Methods for Psychology	Max. marks 60
Practical Examination		Max. marks 50

#### B.A. Third Semester

Paper 1:	Understanding Psychological Disorders	Max. marks 60
Paper 2:	Social Psychology-1	Max. marks 60
Practical Examination		Max. marks 50

**B.A. Fourth Semester**

Paper 1: Understanding and Dealing with Psychological Disorders. Max.marks 60

Paper 2: Social Psychology-2 Max. marks 60

Practical Examination. Max. marks 50

**B.A. Fifth Semester**

Paper 1: Psychological Measurement and Research. Max.marks 60

Paper 2: Development of Psychological Thoughts. Max.marks 60

Practical Examination. Max. marks 50

**B.A. Sixth Semester**

Paper 1: Statistical Methods for Psychological Research. Max. marks 60

Paper 2: Systems of Psychology Max.marks 60

Practical Examination Max. marks 50

**PSYCHOLOGY****SEMESTER-I****Paper- 1****Introduction to Psychology****M.M. 60****UNIT I:**

**Introduction:** Definition, goals and scope of psychology; Approaches: biological, psychodynamic, behaviouristic and cognitive; Methods: observation, experiment, interview, questionnaire and case study.

**UNIT II:**

**Biological Bases of Behavior:** Human evolution: genes and behavior; hormones and glands; Nervous system: neuron, central nervous system and peripheral nervous system.

**UNIT III:**

**Sensation and Perception:** Meaning and characteristics of sensation, types of sensation; Visual sensation: structure of eye and phenomena of visual sensation; Colour sensation; Auditory sensation: structure of ear and theories of audition; Nature and characteristics of perception; Gestalt theory of perception: figure and ground, laws of perceptual organization.

**UNIT IV:**

**Attention:** Meaning and characteristics of attention; Types of attention: kinds of attention; determinants of attention; fluctuation of attention.

**Books recommended:**

Baron, R.A. Psychology: The Essential Science. New York: Allyn & Bacon.

Zimbardo, P.G. & Weber, A.L. Psychology. New York: Harper Collins College Publi. Lefton, L.A. Psychology. Boston: Allyn & Bacon.

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Garrett, Introduction to Psychology: Indian reprint, Oxford IBH.

Morgan C.T. General Psychology

Singh R.N. Adhunik Samanya Mamovigyan. Vinod Pustak Mandir Agra.

Azimur Rehman. Adhunik Samanya Mamovigyan

Tripathi L.B. Adhunik Prayogik Manovigyan: Harprasadhargav, Agra

Mathur S.S. Adhunik Manovigyan

Singh, D.M & others. Adhunik Manovigyan

Tondon, R.K. Manovigyan Ke Mool Adhar.

Singh A.K. Ucchattar Samanya Manovigyan: Motilal Banarasidas New Delhi

**PSYCHOLOGY****SEMESTER -1****Paper II****Experimental Method****M.M. 60****UNIT I:**

**Introduction:** Nature of Science and Scientific Method: Steps Involved in Experimentation.

**UNIT II:**

**Problem and Hypothesis:** Statement of problem, sources of problem, characteristic of good problem; meaning and nature of hypothesis, types of hypothesis.

**UNIT III:**

**Variables:** Meaning and definition of variables, types of variables and control of variables.

**UNIT IV:**

**Statistics in Psychology:** Meaning and purpose of statistics in psychology; discrete and continuous variables.

**Books recommended:**

Verma And Ghufan, M. (2012). Statistic for Psychology. N. Delhi: Tata Mc Graw Hill. Garrett, H. (1969). Statistic in Psychology and Education, Bombay, Vakils, Feffer and Simons Ltd.

Broota K.D. (1992). Experimental Designs in Behavioral Research. N.Delhi: Wiley Eastern.

Gupta, S.P. (2005). San khikiya Vidhiyan, Allahabad: Sharda Pustak Bhawan.

Kapil, H.K. (1980). Sankhikiya ke Mool Tatva, Agra: Vinod Pustak Mandir.

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Singh, A.K. (2000). Test, Measurement and Research Methods. Patna :Bharti Bhawan Kaplan , R.N. & Saccuz, D.P. (2001). Psychological Testing: Principal, Application and Issues (5<sup>th</sup> Ed) USA: Wadsworth Thomson Learning.



**PRACTICAL****Semester-1****Max Marks:(38+12=50)****Any three from the following:-**

- 1- Bilateral Transfer of Training
- 2- Human Maze Learning
- 3- Influence of Set on Perception
- 4- Effect of Knowledge of Results on Performance
- 5- Substitution Learning
- 6- Retroactive Inhibition

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