

PSYCHOLOGY

Psychology Semester-III

Paper- I Understanding Psychological Disorders

M.M 60

Unit –I

Understanding abnormality: Definition and criteria of abnormality, Classification (latest edition of DSM & ICD), Clinical Assessment, Diathesis Stress Model.

Unit –II

Mental Illness –Signs, symptoms and syndromes. Causes of abnormal behavior: biological, psychology, social, and cultural factors.

Unit-III

Developmental Disorders (Clinical Picture and Dynamics), Mental Retardation .Autism , ADHD, and Learning Disabilities .
ADHD-(Attention – deficit /hyperactivity disorder.)

Unit –IV

Anxiety Disorders: Symptoms , types ,etiology and treatment. Panic Disorder, Phobia, Obsessive –compulsive disorders ,Generalized anxiety disorders.

Books Recommended

Lamm. A. Introduction to Psychology .NewYork :sage
Buss.A.H.(1999).Psychopathology .New York :John wiley

Carson .R.C. Butcher, J.N.& Mineka ,S.(2010), Abnormal Psychology and Modern life .Person Education ,Inc. and Darling Kindersley Publication Inc.

Sarason, G.I. & Serason R.V.(2007) Abnormal Psychology : The Problem of Maladaptive Behavior (II Edition),person Education .Inc .and Darling .Kindersley Publication Inc.

Singh A.K. Adhunik Asamanya Manovigan .N. Delhi: Motilal Banarsidas .

Korchin ,S.J.(2004). Modern Clinical Psychology CBS Publishers and Distributors Pvt .Ltd

Brewer ,K(2001).Clinical Psychology ,Oxford :Heinemann Educational Publishers

Psychology
III Semester

Paper–II Social Psychology–I

M.M-60

Unit-I

Introduction: Nature and Scope .Methods of studying social behavior :
Observational , Experimental , Field study, Survey, and Sociometry.

Unit –II

Socialization : Agents of mechanism, socialization and deviation.

Unit -III

Social Perception; Perceiving others ; Forming impression ,Role of non-verbal cues ,Group stereotypes .Primary and recency effects ,Attribution and causality ; Biases and theories (Jones and Davis Kelley)

Perceiving Groups : Prejudice ,Stereotypes ,and Conflicts : Sources ,dynamics and remedial techniques .

Unit –IV

Interpersonal Attraction: Nature measurement .and antecedent condition of interpersonal attraction.

Attitude: Nature; Formation and change of attitudes, Measurement of attitudes.

Books Recommended:

Baron, R.A & Byrne .D.(2000) Social Psychology .N.Delhi ; Prentice Hall.

Feldman R.S.(1985)Social Psychology ;Theories, Research and Application .New York:McGrowHill.

Myers.David .G(1994) Exploring Social Psychology. New York :Mc Grow Hill

Singh .A,K.Samaj Monrovgian ki Rooprekha .N.Delhi Motilal Banarasidas

Tripathi L.B(1992) Adhunik Samajik Manovigyan Agara: National Psychological Corporation

Warchel , S.and Coopers ,J.(1983).Understanding Social Psychology .Illinois :Dorsey Press

PRACTICAL

III SEMESTER

M.M-50(40+10)

Any three from the following

1. Attitude change
2. Test of aggression
3. Sociometry
4. Social facilitation /conformity
5. Adjustment
6. Anxiety

Psychology
IV Semester

Paper-I

Understanding and dealing with Psychological Disorders

M.M.60

Unit-I

Somatoform Disorders: Conversion and Dissociative disorders.

Unit-II

Psychotic Disorders: Symptoms, types, etiology, and treatment; Schizophrenia and delusional disorder.

Unit-III

Mood Disorders: Manic episode, Depressive episode, bipolar affective disorder.

Unit –IV

Treatment of disorders:

Biological treatment: Pharmacotherapy and Electroconvulsive therapy,
Psychological treatment : Psychoanalytic therapy, Behavior therapy, and
Cognitive Behavior therapy .

Books Recommended:

Lamm ,A.Introduction to Psychology .New York: Sage.

Buss.A.H.(1999) Psychology ,New York :John Wiley

Carson. R.C Butchers .J.N.& Mineka,S.(2010).Abnormal Psychology and Modern life.

Person Education .Inc.and Darling Kindersley Publication Inc.

Sarason.GI. & Serason.R.V.(2007). Abnormal Psychology :The Problem of Maladaptive Behavior Inc. (II Edition). Person Education ,Inc.and Darling Kindersley Publication .

Singh A.K.Adhunik Asamanya Manovigyan .N.Delhi:Motilal Banarasidas .

Korchin ,S.J.(2004) Modern Clinical Psychology .CBS and Distributer Pvt Ltd .

Psychology
IV Semester

Paper –II Social Psychology - 2

M.M-60

Unit -1

Group Dynamics and Influences: Structure function and types of groups. Social facilitation ,Social loafing, individuation, group cohesiveness, norms and decision making, conformity, Obedience and social modeling.

Unit-II

Leadership and Communication: Definition and function of Leadership .Trait, Situational, Interactional, and Contingency approaches to Leadership effectiveness. Verbal and non-verbal strategies of Communication, language and social interaction, barriers to communication .

Unit- III

Aggression: Determinants: personal and social.Theoretical perspectives: Biological, trait, situational and social learning, Control of aggression .

Unit-IV

Helping Behavior: Determinates: personal, situational and socio-cultural determinants, Bystander effect. Theoretical perspective: exchange and normative.

Books Recommended:

Alcock J.E. Carment ,D.W.Sadva ,S.W.Collins ,J.E.& Green ,J.M.(1997). A Text Book of Social Psychology ,Scarborough ,Ontario ,: Prentice Hall /Allyn &Bacon .
Baron R.A.& Byrne ,D.(2000) Social Psychology .N.Delhi: Prentice Hall.
Feldman .R.S.(1985). Social psychology: theories, Research and Application .New York: Mc Grow Hill.
Myers .David ,G.(1994). Exploring .Social Psychology .New York :Mc Grow Hill.
Singh,A.K.Samaj Manovigyan ki Rooprekha .N.Delhi Motilal Banarasidas .
Tripathi L.B.(1992) Adhunik Samajik Manovigyn .
Agra : National Psychology Corporation
Warchel,S.and Cooper .J.(1983) Understanding Social Psychology .Illinois :Dorsey.Press .

Practical
IV Semester

M.M-(40+10)

Any three from the following.

1. S.C.T.(Sentence Completion test)
2. Self Disclosure inventory
3. Stress Coping
4. Self-concept
5. Emotional Maturity Scale
6. T.A.T.

