Unit-I  Introduction : Meaning of personality, Concept and basic issues of personality, Approaches to study of personality: Trait, Type, Eclectic and other approaches.

Unit-II  Determinants of personality: Biological and physical determinants, psychological determinants, Social determinants, educational determinants, family determinants and cultural determinants.

Unit-III  Development of personality: Meaning of personality development, methods of studying development of personality, process of personality development, theoretical explanation of personality development, meaning and nature of self, determinants of development of self, theories of development of self.

Unit-IV  Personality assessment : Subjective and Projective techniques, self report, personality inventories

Books Recommended


Hjella, L.A. and Ziegler, D.J. (1976), Personality Theories, Mcgraw Hill .
Hurlock, E.S. (1976) Personality development, Tata Mc Graw Hill


Sing, A.K. : Vaktitva ka Manovigyan, Motilal Banarasidas

Asthana Madhu & Kiran Bala: Vyaktitwa ka Manovigyan, Motilal Banara

Singh, R.N. Vyaktitwa ka Manovigyan Agarwal Publication Agra.

Unit-I  Introduction: Meaning and definition of guidance, aim purpose and basic principal of guidance. Types of guidance, Group guidance.

Unit-II Counselling: Meaning and definition of counselling, aim and purpose of counselling, characteristics of counselee and counsellor, role and function of counsellor, systematic counselling.

Unit-III Areas of guidance: Vocational and educational guidance, programme in school and college, importance, scope, and problem of vocational and educational guidance.

Unit-IV Areas of counselling: Educational, vocational, family, behavioural, drug addicts, mental retardation, marriage and career counselling.

Books Recommended:

Harold L. (1996) Counselling: The professional counsellor


Belking, G.S. : Introduction to counselling W.G. Brown Publishing


Windy, D. : Counselling in action .Sage Publication


Unit- I : Approaches of psychopathology : psychodynamic, behaviouristic, humanistic, existential and cognitive approaches.

Unit-II : Classification in psychopathology: WHO classification ICD-10, and multi axial system (D.S.M.-VI -R)


Books Recommended:


Jaigopal Tripathi Asamanay Manovigyan, Bhargava book hause Agara Ghanshyam Dass


Unit-I  Introduction: Brief history and scope of clinical psychology. Role of clinical psychologist, Issues in profession of clinical psychology.

Unit-II  Perspectives of clinical psychology: Motivational perspective, adaptational perspective, and ecological perspective.

Unit-III  Clinical assessment: Meaning and nature of clinical assessment, purpose of clinical assessment, stages of clinical assessment, meaning, nature, types, and stages of clinical interview.

Unit-VI  Test in clinical use: Role of psychological test in psycho diagnosis, Different tests in clinical use: WAIS, MMPI, TAT, Rorschach test.

Unit-V  Neuropsychological Assessment: Meaning and purpose of neuropsychological assessment, concept of brain dysfunction, technique of neuropsychological assessment.

Books Recommended:


Korchin S.J. Morden clinical psychology Delhi C.B.S. Publication


Anastasi, A. (1982) Psychological testing

Freeman, F.S. (1978) Theory and practice of psychological testing

SEMESTER-III

PSYCHOLOGY PRACTICUM

Students are required to conduct any four practical from the following.

16 P F (any five factors)

Alienation

Locus of control

Emotional maturity

Self esteem/self concept/self efficiency

Administration of a test of vocational interest

Administration of a test of aptitude

Administration of a test of values
Unit - I  Fundamentals of personality theories : nature of personality theories, Three elements of personality theory, Historical background of personality theories, Criteria of evaluating personality theories, Basic assumption over which personality theories differ.

Unit – II  Freud’s theory, Neo Freudian’s theory, Allport’s theory, Cattell’s factor theory, Eyesenck’s dimensional theory of personality.

Unit – III  Lewin’s field theory, Murray’s need theory, Dollard and Miller’s stimulus response theory, Festinger’s cognitive dissonance theory, Meslow’s theory, Roger’s self theory

Unit – IV  Indian personality theory : explanation of personality in Upnishads, The Sankhya theory of personality, yoga theory of personality, Abhi-dharma : An eastern personality theory, A comparative study of Indian approach and western approach of personality

Books Recommended


Hjella, L.A. and Ziegler, D.J. (1976), Personality Theories, Mcgraw Hill.

Hurlock, E.S. (1976) Personality development, Tata Mc Graw Hill


Sing, A.K : Vaktitva ka Manovigyan, Motilal Banarasidas

Asthana Madhu & Kiran Bala : Vyaktitwa ka Manovigyan, Motilal Banara

Singh ,R.N. Vyaktitwa ka Manovigyan Agarwal Publication Agra.

Unit-I  Techniques and approaches of guidance and counselling: Techniques of collecting information about the individuals for guidance and counselling, psychoanalytic approach, client centered approach, existential and behavioural approach

Unit-II  Psychological assessment and diagnosis in counselling: Components of effective assessment, Interdisciplinary implication and guidelines for human assessment, non standardized techniques for human assessment: Observation, rating scales, Anecdotal report, Autobiography, Questionnaire, Structural interview, and intake interview, Standardized technique for human assessment: Intelligence test, Aptitude test

Unit-III  Nature, present trends and future direction in guidance and counselling, stages in career counselling: self discovery, understanding the nature of work, career alternatives, career counselling and process of human development, present trends in career counselling, guidance in career counselling
Books Recommended:

Harold L. (1996) Counselling: The professional counsellor


Windy, D.: Counselling in action. Sage Publication


Semester- IV

Paper- III    Psychopathology –II

Unit- I    Schizophrenia and delusional disorders: Types, symptoms, and etiology of schizophrenia and paranoia

Unit- II    Mood disorder: Etiology and symptoms of unipolar and bipolar disorder

Unit- III    Personality disorder: Meaning and types of personality disorder, etiology of impulsive control disorder, substance related disorder (alcoholic and nicotine), sexual disorder

Unit- IV    Organic mental disorder: Clinical features of organic mental disorder, organic system syndrome, delirium, dementia and Alzheimer

Books Recommended:


Jaigopal Tripathi Asamanay Manovigyan, Bhargava book house Agra Ghanshyam Dass


Unit – I  Introduction: Meaning and nature of psychotherapy, goals of psychotherapy, types of psychotherapy, needs of psychotherapy, role of client – therapist relationship

Unit – II  Psychoanalytic Therapy: Meaning and historical perspective, goals of psychoanalytic therapy, Freudian psychoanalytic therapy and its evaluation

Unit - III  Behaviour Therapy: Meaning and nature of behaviour therapy, historical background, Techniques: systematic desensitization, aversive therapy, impulsive therapy, flooding, assertiveness training, contingency management and biofeedback, evaluation of behaviour therapy

Unit – IV  Cognitive behaviour therapy: Meaning and nature, types of cognitive behaviour therapy, rational emotive therapy, Beck’s cognitive therapy, stress inoculation therapy, social problem solving

Unit – V  Humanistic – existential therapy: Nature and goals of humanistic-existential therapy, client centred therapy, Gestalt therapy, Logo therapy, existential therapy, evaluation

Books Recommended:


Korchin S.J. Morden *clinical psychology* Delhi C.B.S. Publication


Wolman, B.B. (1985) *Hand book clinical psychology*


Anastasi, A. (1982) *Psychological testing*

Freeman, F.S. (1978) *Theory and practice of psychological testing*

**Semester – IV**

**Dissertation / Psychological practicum**

**Any four-**

W.A.I.S. (performance / verbal)

M M P I

T A T

Rorschach

Anxiety scale / Death Anxiety

Depression

Reaction to frustration

E.P.Q. / E.P.I.