

PSYCHOLOGY

Semester-III

Paper-I Conceptual Approach Of Personality

M.M. 80

Unit-I Introduction : Meaning of personality, Concept and basic issues of personality , Approaches to study of personality: Trait, Type, Eclectic and other approaches.

Unit-II Determinants of personality: Biological and physical determinants, psychological determinants, Social determinants, educational determinants, family determinants and cultural determinants.

Unit-III Development of personality: Meaning of personality development, methods of studying development of personality, process of personality development, theoretical explanation of personality development, meaning and nature of self, determinants of development of self, theories of development of self.

Unit-IV Personality assessment : Subjective and Projective techniques , self report , personality inventories

Books Recommended

Hall , C.S .Lindzey, G & Compbell, J.B.(2004). Theories of personality.
New York, Jihn wiley & son's.Inc.

Fadiman J. & Frager, R. (2005) Personality & Personal growth. New York:
Prentice Hall.

Bayer, B.M & Shotler, J.S . (1997) Reconstructing the psychological subject, London Sage.

Barger, E. (2006) .Personality theories (7th ed) New York: Houghton Mifflin company.

Hjella, L.A. and Ziegler, D.J. (1976), Personality Theories, Mcgraw Hill

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Hurlock, E.S. (1976) Personality development, Tata Mc Graw Hill

Mischel, W. (1976) Introduction to personality.Holt Rinehart and Winston.

Pervin, L.A. (1984) Personality Theory and Research, 4th Edition. John Willey and son's

Sing, A.K. : Vaktitva ka Manovigyan, Motilal Banarasidas

Asthana Madhu & Kiran Bala : Vyaktitwa ka Manovigyan, Motilal Banara

Singh ,R.N. Vyaktitwa ka Manovigyan Agarwal Publication Agra.

Mishra, G. Verma, S. Cornelissen, M. (2013) Foundation and Application of Indian Psychology Person Education India.

PSYCHOLOGY

Semester-III

Paper-II Guidance and Counselling-I

M.M.80

Unit-I Introduction : Meaning and definition of guidance, aim purpose and basic principal of guidance. Types of guidance, Group guidance.

Unit-II Counselling: Meaning and definition of counselling, aim and purpose of counselling, characteristics of counselee and counsellor, role and function of counsellor, systematic counselling.

Unit-III Areas of guidance: Vocational and educational guidance, programme in school and college, importance, scope, and problem of vocational and educational guidance.

Unit-IV Areas of counselling: Educational, vocational, family, behavioural, drug addicts, mental retardation, marriage and career counselling.

Books Recommended:

Harold L. (1996) Counselling: The professional counsellor

Corey G. (2001) Theory and practice of psychotherapy Pacific Grove. California, Books/Cole

Belking, G.S. : Introduction to counselling W.G. Brown Publishing

Nelson J. : The theory and practice of counselling psychology: New York Holt

Windy, D. : Counselling in action .Sage Publication

Feltham, C. & Horton, I. E. Ed(2000). The sage hand book of counselling and psychotherapy (2nd ed) London: Sage Publication

Gibson, R. L. Mitchell, M. H. (2005). Introduction to counselling and guidance (6th ed) . Delhi Pearson education ptc. Ltd.

Alumni, G. Arulmani ,S. (2004) Career counselling: A hand book .New Delhi:
Tata McGraw Hill publishing co. Ltd.

Rao, S. N. (2006) Counselling and guidance (2nd ed) New Delhi Tata Mac
Graw Hill publishing co ltd.

Gelso, C. J. Fretz, B. R. (1995) Counseling psychology. Banglore : prism books
Pvt. Ltd.

SEMESTER III

Paper III PSYCHOPATHOLOGY I

M.M. 80

Unit- I : Approaches of psychopathology : psychodynamic, behaviouristic, humanistic, existential and cognitive approaches.

Unit-II : Classification in psychopathology: WHO classification ICD-10, and multi axial system (D.S.M.-VI -R)

Unit-III : Anxiety disorders : Nature, aetiology and symptoms of panic .phobic, generalized anxiety disorder, obsessive compulsive disorder.

Unit-IV : Somatoform psycho physiological disorders :Nature, aetiology and symptoms of dissociative disorder, nature and types of psycho physiological disorder, aetiology of gastro-intestinal respiratory, cardiovascular and skin disorder.

Books Recommended:

Carson, R.C. Butcher, J.N. Mineka, and Hooley, J.M.(2000)Abnormal psychology. New Delhi : Pearson

Barlow D.H. and Durandv, M. (2005). Abnormal psychology an integrated approach (4th ed) Wadsworth : New York.

Frued, N. (1998).Understanding Abnormal psychology. Oxford : Black well publishers.

Lamn, A. Introduction to Psychopathology. New York .Sage

Buss, A.H. (1999) Psychopathology. New York : John Wiley

Korchin, S.J, (2004) Modern clinical psychology. CBS Publisher abs Distributers Pvt ltd

Jaigopal Tripathi Asamanay Manovigyan, Bhargava book house Agara
Ghanshyam Dass

American psychological association (1994) Statistical manual of mental
health disorder Washington A.P.A. Author

Davison, G .C. and Neale (2001) 8th Ed Abnormal psychology and
experimental clinical approach.

Kissker. G.W. (1965) Disorganized personality New York . McGraw. Hill

SEMESTER-III

PPER-IV : Clinical Psychology-I

M.M.80

Unit-I Introduction : Brief history and scope of clinical psychology. Role of clinical psychologist, Issues in profession of clinical psychology.

Unit-II Perspectives of clinical psychology: Motivational perspective, adaptational perspective, and ecological perspective

Unit-III Clinical assessment: Meaning and nature of clinical assessment, purpose of clinical assessment, stages of clinical assessment, Meaning, nature, types, and stages of clinical interview

Unit-VI Test in clinical use : Role of psychological test in psycho diagnosis, Different tests in clinical use: WAIS, MMPI, TAT, Rorschach test

Unit-V Neuropsychological Assessment : Meaning and purpose of neuropsychological assessment , concept of brain dysfunction, technique of neuropsychological assessment

Books Recommended:

Hecker J.E. & Thorpe G.L., (2007): Introduction to clinical psychology

Thomas G. Plante (2004) Contemporary clinical psychology

Robert J. Derubeis Donald K. Routh (1998) The science of clinical psychology, American psychology association

Korchin S.J. Morden clinical psychology Delhi C.B.S. Publication

Henry Kellerman (2009) Hand book of psycho diagnostic testing : Analysis of personality in the psychological report

Wolman, B.B. (1985) Hand book of clinical psychology

Golden berg, D.H. (1983) Contemporary clinical psychology

Singh, A.K. (1993) Modern clinical psychology Motilal banarasi dass

Anastasi, A. (1982) Psychological testing

Freeman , F.S. (1978) Theory and practice of psychological testing

SEMESTER-III

PSYCHOLOGY PRACTICUM

Students are required to conduct any four practical from the following.

16 P F (any five factors)

Alienation

Locus of control

Emotional maturity

Self esteem/self concept/ self efficiency

Administration of a test of vocational interest

Administration of a test of aptitude

Administration of a test of values

Unit - I Fundamentals of personality theories : nature of personality theories, Three elements of personality theory, Historical background of personality theories , Criteria of evaluating personality theories, Basic assumption over which personality theories differ.

Unit – II Freud’s theory, Neo Freudian’s theory, Allport’s theory, Cattell’s factor theory, Eyesenck’s dimensional theory of personality.

Unit – III Lewin’s field theory, Murray’s need theory, Dollard and Miller’s stimulus response theory, Festinger’s cognitive dissonance theory, Meslow’s theory, Roger’s self theory

Unit – IV Indian personality theory : explanation of personality in Upnishads, The Sankhya theory of personality, yoga theory of personality, Abhi-dharma : An eastern personality theory, A comparative study of Indian approach and western approach of personality

Books Recommended

Hall , C.S .Lindzey, G & Compbell, J.B.(2004). Theories of personality.
New York, Jihn wiley & son’s.Inc.

Fadiman J. & Frager, R. (2005) Personality & Personal growth. New York:
Prentice Hall.

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Mischel, W. (1976) Introduction to personality.Holt Rinehart and Winston.

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SEMESTER-IV

Paper-II Guidance and Counselling- II

M.M-80

Unit-I Techniques and approaches of guidance and counselling:

Techniques of collecting information about the individuals for guidance and counselling, psychoanalytic approach, client centered approach, existential and behavioural approach

Unit-II Psychological assessment and diagnosis in counselling:

Components of effective assessment, Interdisciplinary implication and guidelines for human assessment, non standardized techniques for human assessment: Observation, rating scales, Anecdotal report, Autobiography, Questionnaire, Structural interview, and intake interview, Standardized technique for human assessment: Intelligence test, Aptitude test

Unit-III Nature, present trends and future direction in guidance and counselling, stages in career counselling: self discovery, understanding the nature of work, career alternatives, career counselling and process of human development, present trends in career counselling, guidance in career counselling

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Harold L.(1996) Counselling: The professional counsellor

Corey G.(2001) Theory and practice of psychotherapy Pacific Grove.
California, Books/Cole

Belking, G.S.: Introduction to counselling W.G. Brown Publishing

Nelson J. : The theory and practice of counselling psychology: New York Holt

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psychotherapy (2nd ed) London: Sage Publication

Gibson, R. L. Mitchell, M. H. (2005). Introduction to counselling (6th ed)

Alumni, G. Arulmani ,S.(2004) Career counselling: A hand book .New Delhi:
Tata McGraw Hill publishing co. Ltd.

Rao, S. N. (2006) Counselling and guidance (2nd ed) New Delhi Tata McGraw
Hill publishing co ltd.

Gladding, S. T. (2012) Counselling : A comprehensive profession. (7'th ed)
Pearson

Seligman, L. & Reichenberg, L. W. (2010) Theories of counselling and
psychotherapy : systems, strategies, and skills 3rd ed. Indian reprint :
Pearson.

Ben, ARD Jr (ed) (1977) Counselling and psychotherapy classics on theories
and issues Science and Behaviour Books co.

Brammer, L. M. & Shostrom, B. L. (1977). Therapeutic psychology :
Fundamentals of counselling psychotherapy 3rd Ed Englewood cliffs :
Prentice Hall

Semester- IV

Paper- III Psychopathology –II

M. M.-80

Unit- I Schizophrenia and delusional disorders: Types, symptoms, and etiology of schizophrenia and paranoia

Unit- II Mood disorder: Etiology and symptoms of unipolar and bipolar disorder

Unit- III Personality disorder: Meaning and types of personality disorder, etiology of impulsive control disorder, substance related disorder (alcoholic and nicotine), sexual disorder

Unit- IV Organic mental disorder: Clinical features of organic mental disorder, organic system syndrome, delirium, dementia and Alzheimer

Books Recommended:

Carson R.C., Butcher, J .N. Mineka, and Hooley, J. M.(2000)Abnormal psychology. New Delhi: Pearson

Barlow D.H. and Durandv, M. (2005). Abnormal psychology an integrated approach (4th ed) Wadsworth: New York.

Frude, N. (1998).Understanding Abnormal psychology. Oxford : Black well publishers.

Lamn, A .Introduction to Psychopathology. New York .Sage

Buss, A.H. (1999) Psychopathology. New York : John Wiley

Korchin, S.J. (2004) Modern clinical psychology. CBS Publisher and Distributors Pvt. Ltd.

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Ghanshyam Dass

American psychological association (1994) Statistical manual of mental health disorder Washington A.P.A. Author

Davison, G.C. and Neale (2001) 8th Ed Abnormal psychology and experimental clinical approach.

Kissker. G.W. (1965) Disorganized personality New York . McGraw. Hill

Semester - IV

Paper - IV Clinical Psychology - II Psychotherapies

M. M. 80

Unit – I Introduction : Meaning and nature of psychotherapy, goals of psychotherapy , types of psychotherapy , needs of psychotherapy , role of client – therapist relationship

Unit – II Psychoanalytic Therapy : Meaning and historical perspective , goals of psychoanalytic therapy , Freudian psychoanalytic therapy and its evaluation

Unit - III Behaviour Therapy : Meaning and nature of behaviour therapy , historical background , Techniques : systematic desensitization , aversive therapy , impulsive therapy , flooding , assertiveness training , contingency management and biofeedback , evaluation of behaviour therapy

Unit – IV Cognitive behaviour therapy : Meaning and nature , types of cognitive behaviour therapy , rational emotive therapy , Beck’s cognitive therapy , stress inoculation therapy , social problem solving

Unit – V Humanistic – existential therapy : Nature and goals of humanistic-existential therapy , client centred therapy , Gestalt therapy , Logo therapy , existential therapy , evaluation

Books Recommended:

Hecker J.E. & Thorpe G.L., (2007): Introduction to clinical psychology

Thomas G. Plante (2004) Contemporary clinical psychology

Robert J. Derubeis Donald K. Routh (1998) The science of clinical psychology, American psychology association

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Golden berg, D.H. (1983) Contemporary clinical psychology

Singh, A.K. (1993) Modern clinical psychology Motilal banarasi dass

Anastasi, A. (1982) Psychological testing

Freeman, F.S. (1978) Theory and practice of psychological testing

Semester – IV

Dissertation / Psychological practicum

Any four-

W.A.I.S. (performance / verbal)

M M P I

T A T

Rorschach

Anxiety scale / Death Anxiety

Depression

Reaction to frustration

E.P.Q. / E.P.I.