

SYLLABUS

**Sridev Suman Uttarakhand State
University Badshahithaul,
Tehri (Garhwal)**

M.A. PSYCHOLOGY

Semester System

(Effective from Academic Session: 2018-2019)

**Sridev Suman Uttarakhand State University
Badshahithaul Tehri Garhwal**

Syllabus of Psychology (M.A.)

Semester System
Present program consists of four semesters
M.A. Semester- I, II, III, IV

SEMESTER –I

| Sl. No. | PAPER | TITLE OF PAPER | INTERNAL MAXIMUM MARKS | EXTERNAL MAXIMUM MARKS | TOTAL MARKS |
|----------------|-----------------------|---|-------------------------------|-------------------------------|--------------------|
| 1. | 1 ST Paper | Biological Foundation of Behaviour | 20 | 80 | 100 |
| 2. | 2 ND Paper | Foundation of Behavioural Research-I | 20 | 80 | 100 |
| 3. | 3 RD Paper | Psychological Statistics-I | 20 | 80 | 100 |
| 4. | 4 TH Paper | Contemporary Issues of Social Psychology | 20 | 80 | 100 |
| 5. | Practicals | Psychological Practicum Experiments and Tests | 20 | 80 | 100 |

SEMESTER –II

| Sl. No. | PAPER | TITLE OF PAPER | INTERNAL MAXIMUM MARKS | EXTERNAL MAXIMUM MARKS | TOTAL MARKS |
|----------------|-----------------------|---|-------------------------------|-------------------------------|--------------------|
| 1. | 1 ST Paper | Cognitive Psychology | 20 | 80 | 100 |
| 2. | 2 ND Paper | Foundation of Behavioural Research-II | 20 | 80 | 100 |
| 3. | 3 RD Paper | Psychological Statistics-II | 20 | 80 | 100 |
| 4. | 4 TH Paper | Applied Social Psychology | 20 | 80 | 100 |
| 5. | Practicals | Psychological Practicum Experiments and Tests | 20 | 80 | 100 |

SEMESTER –III

| Sl. No. | PAPER | TITLE OF PAPER | INTERNAL MAXIMUM MARKS | EXTERNAL MAXIMUM MARKS | TOTAL MARKS |
|----------------|-----------------------|--------------------------------------|-------------------------------|-------------------------------|--------------------|
| 1. | 1 ST Paper | Conceptual Approaches of Personality | 20 | 80 | 100 |
| 2. | 2 ND Paper | Guidance and | 20 | 80 | 100 |

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| | | Counselling-I | | | |
| 3. | 3RD Paper | Psychopathology-I | 20 | 80 | 100 |
| 4. | 4TH Paper | Clinical Psychology- I | 20 | 80 | 100 |
| 5. | Practicals | Psychological Practicum Experiments and Tests | 20 | 80 | 100 |

SEMESTER –IV

| Sl. No. | PAPER | TITLE OF PAPER | INTERNAL MAXIMUM MARKS | EXTERNAL MAXIMUM MARKS | TOTAL MARKS |
|----------------|-----------------------------|--|---------------------------------------|---------------------------------------|------------------------|
| 1. | 1ST Paper | Theories of Personality | 20 | 80 | 100 |
| 2. | 2ND Paper | Guidance and Counselling-II | 20 | 80 | 100 |
| 3. | 3RD Paper | Psychopathology-II | 20 | 80 | 100 |
| 4. | 4TH Paper | Clinical Psychology- II | 20 | 80 | 100 |
| 5. | Practicals | Psychological Practicum Experiments and Tests | 20 | 80 | 100 |

SEMESTER-I

1ST PAPER: Biological Foundation of Behaviour

Unit-I: Introduction to physiological psychology nature and scope, Structure of brain cell: structure, types and functions of neurons and supportive cell of brain.

Unit-II: Brain and Behaviour: Mechanism of hormonal action, Reproductive behavior, Sleep and biological rhythm and maintaining homeostasis.

Unit-III: Recent advances in neurophysiology, Hemispheric specialization and localization, Consciousness, altered status of consciousness, biology of meditation, controversies in biological psychology.

Unit-IV: Attention and perceptual processes: Current paradigms, Frontal lobe and executive processes, Switching attention, Attention control and attention training, Perception: Perceptual processes, Approaches to perception.

Books Recommended:

1. Carlson N.R. (1994). Physiological Psychology (5th Ed.) Boston: Allyn Bacon.
2. Kalat J.W. (1995). Biological Psychology (7th Ed.) Wadworth/Thomson Learning, Belmont, CA, USA.
3. Levinthal C.F.. Introduction to Physiological Psychology, Prentice Hall of India.
4. Roserweig M.R; Leiman A.L. and Breedlove S.M. (1999). Biological Psychology: An Introduction to behavior and cognitive and Clinical neuroscience. Sinaure associates, Inc Publishers Sunderland, Mssachusetts.
5. Galotti K.M. (1999). Cognitive Psychology in and outside laboratory, Mumbai; Thomson Asia.
6. Singh A.K. (2006). Cognitive Psychology; Motilal Banarasidas.
7. Robert A. Baron Manovigyan, Pearson.
8. Mishra B.K. euksfoKku ekuo O;ogkj dk v;/;iu Phi Learning Pvt Ltd New Delhi.

SEMESTER-I

2ND PAPER: Foundation of Behavioural Research-I

Unit-I: Nature of science and scientific method, Nature and type of Psychological research: experimental, Survey Research.

Unit-II: Choice and statement of problem, Formation of Hypothesis and directional hypothesis.

Unit-III: Variables- Meaning and types of variables, Characteristics of variables, Different techniques of controlling variables.

Unit-IV: Research design- Randomized, factorial and quasi-experimental design.

Books Recommended:

1. Hewitt; Dennis & Cramer. Dunccan (2005). Introduction to Research Methods in Psychology. New Delhi: Pearson.
2. Mohsin. Research Methods in Behavioural Sciences. New Delhi; Longman.
3. Newman W.L. (1991). Social Research Methods: Qualitative and Quantitative. Boston; Allyn & Bacon.
4. Denzin N.K. & Lincoln Y.S. (2005), Handbook of qualitative Research. Thousand Oaks; Sage.
5. Mc Burry D.H. (2002). Research Methods. USA Wordsworth. Thompson.
6. Karlinger F.N. (1994). Fundamentals of Behavioral Research (3rd Ed.)
7. Singh A.K.. Test Measurement and Research Methods in Behavioral Sciences. Bharti Bhawan.
8. Kothari C.R. (1985). Research Methodology: Methods & Techniques. New Delhi; Wiley Eastern Ltd.
9. Broota K.D. (1992). Experimental Design in Behavioural Research. New Delhi. Wiley Eastern Ltd.
10. Desai B. & Abhyankar S.C. (2007). Izkki;ksfxd eusk'kkL= vkSj la'kks/ku if)frA iwuk] ujsUnz izHkkdjuA
11. Asthana Bipin. euksfoKku esa lkaf[;dh o 'kks/k fof/k;kaA

SEMESTER-I

3RD PAPER: Psychological Statistics-I

Unit-I: Application of statistics in Psychology, Measures of central tendency, Calculation of mean, median and mode, Properties of mean, median and mode and when to use mean, median and mode.

Unit-II: Measures of variability, Calculation of quartile deviation and standard deviation. When to use various measures of variability.

Unit-III: Coefficient of correlation: Meaning and types of correlation. Calculation of coefficient of correlation by product moment method. Correlation from ranks, Biserial correlation, Point biserial correlation. Tetrachoric correlation. Phi coefficient and contingency coefficient.

Unit-IV: Concept and significance of probability- Normal distribution curve and its application.

Books Recommended:

1. Mangal S.K. (2002). Statistics in Psychology and Education (2nd Ed.). New Delhi; Prentic Hall.
2. Garrett. Statistics in Education and Psychology.
3. Ferguson. Statistical Analysis in Psychology and Education.
4. Guilford J.P. Psychometric Method. Tokyo; Kogakusha Co.
5. Mc Guigan M.J. Experimental Psychology. New Delhi; Prentic Hall of India Pvt. Ltd.
6. Kapil H.K. euksfoKku esa lkaf[;dhA
7. Asthana Bipin. euksfoKku esa lkaf[;dh o `kks/k fof/k;kaA
8. Bhatia T. vk/kqfud euksfoKku esa lkaf[;dhA yko.; izdk'ku m0 iz0A

SEMESTER-I

4TH PAPER: Contemporary Issues of Social Psychology

Unit-I: Introduction, nature, meaning, scope and methods of social psychology. Status of social psychology in India.

Unit-II: Theories of social psychology: Psychoanalytic, Stimulus- response. Field, Role and cognitive theories.

Unit-III: Socialization of motives: Affiliation, aggression, power and achievement. Enculturation process.

Unit-IV: Environmental issues: Noise, pollution and atmospheric condition, Personal space and territoriality, density and crowding, Response to environmental challenges, Intervention for environmental management.

Books recommended:

1. Berkowitz L. & Walster E. (EDS). Advances in Experimental Social Psychology.
2. Lindzey G. & Avanson E. The Handbook of Social Psychology. (3rd Ed.)
3. Cook, Kretch and Crusel Bulleki Suleman. Higher Social Psychology. Motilal Banarasidas.
4. Baron R.A. and Byrne D. (2000). Social Psychology. Prentice Hall of India.
5. Myers D.D. (2008). Social Psychology. Mc Graw Hill Inc.
6. Mohanty A.K. & Mishra (2000). Psychology of Poverty and Disadvantages, Concept Publishing Company. New Delhi.
7. Singh A.K. social Psychology. Motilal Banarasidas.
8. Pandey. Basic and Applied Social Psychology. Vol 2. New Delhi, Sage.
9. Sinha D., Tripathi R.C. & Misra G. (1995). Deprivation: Its Social Roots and Psychological Consequences. Concept Publishing Company. New Delhi.
10. Misra G. (1990). Applied Social Psychology in India. New Delhi. Saga J.

Semester-1

PRACTICAL

Any four from the following:-

- 1- Home (family) adjustment inventory.
- 2- Interpersonal attraction.
- 3- Problem solving in group and individual situation.
- 4- Temporal perception.
- 5- Emotional maturity scale.
- 6- Person perception.
- 7- Need for achievement.
- 8- Co-operation and competition.
- 9- Phi- phenomenon.

Note: Besides the above, teacher can also design the relevant practicum.